

A Grab & Go option and a choice of milk is also offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lasagna with Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables ³¹ Fruit Cup	Beef or Chicken Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa ¹ Orange Smiles	Mac & Cheese Bowls Garlic Knot Roasted Vegetables Carrot Dippers Fruit Cup ²	Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans ³ Fruit Cup	Specialty Burger or Corn Dog Basket with Fries Hamburger Salad Fresh Baked Cookie ⁴ Fresh Fruit
LABOR DAY No School	Walking Tacos or Soft Tacos Rice & Beans Homemade Salsa Lettuce & Tomato ⁸ Fruit Cup	Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Glazed Carrots Fruit Salad ⁹	Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables ¹⁰ Berries & Cream	Specialty Burger or Hot Dog Basket with Fries Hamburger Salad Fresh Baked Cookie ¹¹ Fresh Fruit
Spaghetti with Meat Sauce & Garlic Bread or Specialty Pizza Steamed Vegetable Garden Fresh Salad ¹⁴ Fruit Dessert	Quesadillas or Crisпитos Spanish Rice Pinto Beans Roasted Vegetables Homemade Salsa ¹⁵ Fruit Cup	Sausage Wraps or Cheese Sticks with Marinara Sauce Ranch Style Beans California Blend ¹⁶ Fresh Melon	Country Bowl or Country Bucket Hot Roll Carrot Dippers Fruit Cup ¹⁷	Specialty Burger or Corn Dog Basket with Fries Hamburger Salad Fresh Baked Cookie ¹⁸ Fresh Fruit
Chicken Alfredo or Choice of Pizza Garlic Bread Garden Fresh Salad Seasoned Vegetables ²¹ Fruit Dessert	Beef or Chicken Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa ²² Orange Smiles	Mac & Cheese Bowls Garlic Knot Roasted Vegetables Carrot Dippers Fruit Cup ²³	Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans ²⁴ Fruit Cup	Specialty Burger or Hot Dog Basket with Fries Hamburger Salad Fresh Baked Cookie ²⁵ Fresh Fruit
Cheesy Beef Mac Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables ²⁸ Fruit Dessert	Soft or Crispy Tacos Pinto Beans Spanish Rice Homemade Salsa Lettuce & Tomato ²⁹ Fruit Cup	Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Glazed Carrots Fruit Salad ³⁰	Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables ¹ Berries & Cream	Specialty Burger or Corn Dog Basket with Fries Hamburger Salad Fresh Baked Cookie ² Fresh Fruit

An option of cereal, and a choice of fresh fruit, fruit juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 8/31, 9/14 & 9/28	Pig in a Blanket	Apple Frudel	Eggs & Bacon & Biscuit	Pancakes	Breakfast Pizza
WEEK OF 9/8 & 9/21	Pancake Wrap	Omelet Wrap	Eggs with Sausage & Biscuit	Yogurt Parfait & Muffins	Breakfast Sandwich

This institution is an equal opportunity provider.

Did You Know?

September is
National Fruits
and Veggies
month!

Eating your
fruits &
veggies help
you grow
strong & keep
you healthy.

