

Mumford ISD

Seizure Action Plan (SAP)

Name: _____

Birthdate: _____

Parent/Guardian: _____

Phone: _____

I agree with the recommendations below from my child's physician and give permission for my child to receive medication(s) as directed. By signing this, I give permission for my child's physician to share written and or verbal information with the school nurse for the entire school year.

Parent/Guardian Signature: _____

Date: _____

BELOW TO BE FILLED OUT BY PHYSICIAN

Seizure Information:

Seizure Type	How Long It Lasts	How Often	What Happens

How to respond to a Seizure (check all that apply)

- ☐ First Aid- (Stay, Safe, Side) ☐ Give Rescue Therapy according to SAP
- ☐ Notify Emergency Contact: _____ @ _____ ☐ Call 911 for transport to _____
- ☐ Other: _____

First Aid for any Seizure

- ☐ **Stay:** calm, begin timing seizure ☐ **Safe:** remove harmful objects, do not restrain, protect head
- ☐ **Side:** turn on side if not awake, keep airway clear, do not put objects in mouth ☐ **Stay:** until recovered from seizure
- ☐ Swipe magnet for VNS ☐ Write Down what happens: _____
- ☐ Administer Emergency medication as indicated below ☐ Other: _____

When to call 911:

- ☐ Seizure with loss of consciousness longer than 5 minutes
- ☐ Repeated Seizures longer than 10 minutes, no recovery between them, not responding to rescue medication available
- ☐ Difficulty breathing after Seizure
- ☐ Serious injury occurs or suspected, seizure in water

When to call you provider first:

- ☐ Change in seizure type, number or pattern
- ☐ Person does not return to usual behavior (i.e., confused for a long period)
- ☐ First time seizure that stops on its' own
- ☐ Other medical problems or pregnancy need to be checked

Rescue Medication/Therapy

Medication	Dosage	Route	When to give

Daily Seizure Medication:

Medication	Dosage	Route	Time give

Other Information:

Triggers: _____

Important Medical History: _____

Allergies: _____

Epilepsy Surgery: (Type, Date, Side Effects): _____

Devise: ☐ VNS ☐ RNS ☐ DBS Date Implanted: _____

Diet Therapy: _____

Special Instructions: _____

Contacts:

Call 911

Epilepsy Provider: _____ Phone: _____

Primary Care Provider: _____ Phone: _____

Parent/Guardian: _____ Phone: _____

Parent/Guardian: _____ Phone: _____

Physician Signature: _____ Date: _____