

ELEMENTARY
& SECONDARY

NOVEMBER 2025

MUMFORD

A choice of milk and Grab N' Go will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac & Cheese Bowls Garlic Knot Roasted Vegetables Carrot Dippers Fruit Cup 3	Beef or Chicken Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Orange Smiles 4	Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Seasoned Green Beans Fruit Cup 5	Chicken Alfredo with Garlic Toast or Choice of Pizza Garden Fresh Salad Seasoned Vegetables Fruit Dessert 6	Thanksgiving Meal!  7
Asian Bowl or Popcorn Chicken with Fried Rice Seasoned Vegetables Glazed Carrots Fruit Salad 10	Soft or Crispy Tacos Pinto Beans Spanish Rice Homemade Salsa Shredded Lettuce Chopped Tomatoes Fruit Cup 11	Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Berries & Cream 12	Chicken Spaghetti with Breadstick or Choice of Pizza Green Beans Garden Fresh Salad Strawberry Applesauce 13	Chili Dog or Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Fruit 14
Big Grilled Cheese or Macaroni & Cheese Seasoned Vegetables Emoji Fries Fruit 17	Crispito Spanish Rice Pinto Beans Garden Fresh Salad Homemade Salsa Fruit Cup 18	Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Seasoned Carrots Fresh Fruit 19	Spaghetti with Meat Sauce with Garlic Bread or Specialty Pizza Steamed Vegetable Garden Fresh Salad Fruit Dessert 20	Cheese Burger or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Fruit 21

An option of cereal, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 11/3 & 11/17	Pancake Wrap	Eggs with Sausage & Toast	Biscuits & Gravy	Breakfast Pizza	Yogurt Parfait & Grahams
WEEK OF 11/10	Pig in a Blanket	Eggs & Bacon with Toast	Breakfast on Bun	Breakfast Tacos	Pancakes

FUN FACTS

Only male turkeys make the well-known "gobble, gobble" sound.

Benjamin Franklin wanted the turkey to be the national bird.

