

PreK Menu

AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
15th Cheese Pizza Seasoned Green Beans Fresh Garden Salad Strawberries	16th Soft Taco Lettuce & Tomato Fiesta Beans Spanish Rice Fruit Cup	17th Chicken Nuggets Hot Roll Mashed Potatoes Steamed Vegetables Cinnamon Apple Sauce	18th Hot Dog with Chips Carrot Dippers Fruit Cup	19th Cheese Burger Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
22nd Cheese Pizza Glazed Carrots Seasoned Vegetables Banana Sundaes	23rd Tornados Refried Beans Fresh Salad Spanish Rice Fruit Cup	24th Steak Fingers Hot Roll Mashed Potatoes Steamed Vegetables Colorful Pears	25th Popcorn Chicken Fried Rice Seasoned Vegetables Fruit Salad	26th Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
29th Spaghetti with Meat Sauce Garlic Bread Seasoned Vegetables Garden Salad Fruit Cup	30th Quesadillas Pinto Beans Spanish Rice Garden Fresh Salad Homemade Salsa Fruit Cup	31st Boneless Wings Hot Roll Mashed Potatoes Steamed Baby Carrots Berries & Cream	September 1st Corn Dog Choice of Chips Baked Beans Cucumber Nachos Fresh Fruit Salad	2nd Cheese Burger or Chicken Sliders Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit

Do you want to do great in school this year? Below are some tips to help you do your best!

- Exercise! Scientists have found that exercise can help Jumpstart your brain so you can get better grades
- Eat breakfast! It helps you concentrate and improve in the classroom!
- Get lots of sleep! You need to be rested so you can learn and play.



An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of August 17th & 29th	Breakfast on a Bun	French Toast Sticks	Bacon & Eggs	Pancake Wrap	Biscuits & Sausage
Week of August 22nd	Breakfast Bowl	Banana Bread	Sausage Links & Eggs	Breakfast Pizza	Fruit Frudel

This institution is an equal opportunity provider. The menu is subject to change based on supplier availability.

An additional option of Uncrustable Grab & Go will be offered everyday.
A Choice of Milk will be offered with every meal

Breakfast