

AUGUST

A choice of milk will be offered every day.

pre-kinder

Back to School Fuel!

School is back and so are yummy lunches!

- Apples give your brain a boost
- Sandwiches give you super strength
- Veggies help you stay sharp

Don't forget to:

- Drink water
- Try something new
- Have fun in the lunchroom

Let's make this the tastiest year ever!



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 11 WELCOME BACK! | 12 Cheese Nachos Tossed Salad Refried Beans Spanish Rice Orange Smiles | 13 Steak Fingers with Hot Roll Mashed Potatoes Seasoned Green Beans Fruit Cup | 14 Cheese Pizza Fresh Salad Seasoned Vegetables Fruit Dessert | 15 Specialty Burger Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit |
| 18 Popcorn Chicken with Fried Rice Glazed Carrots Fruit Salad | 19 Soft Tacos Pinto Beans Spanish Rice Lettuce & Tomato Fruit Cup | 20 Chicken & Waffles Mashed Potatoes Steamed Vegetables Berries & Cream | 21 Cheese Pizza Seasoned Green Beans Fresh Salad Strawberry Apple Sauce | 22 Cheese Burger Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit |
| 25 Stuffed Baked Potato Hot Roll Macaroni & Cheese Carrot Dippers Fruit Medley | 26 Quesadillas Spanish Rice Pinto Beans Garden Fresh Salad Fruit Cup | 27 Popcorn Chicken Hot Roll Mashed Potatoes Seasoned Corn Fruit Cup | 28 Spaghetti with Meat Sauce Garlic Bread Steamed Vegetables Fresh Salad Fruit Dessert | 29 Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit |

An option of fresh fruit or fruit cup and a choice of juice and milk are also offered every day.

| BREAKFAST | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|-----------------|-------------------------|------------------|------------------|----------------|
| Week of 8/11 & 8/25 | Breakfast Pizza | Eggs & Bacon w/ Toast | Pig in a Blanket | Biscuits & Gravy | Pancake Wrap |
| Week of 8/18 | Waffles | Eggs w/ Sausage & Toast | Breakfast on Bun | Banana Bread | Breakfast Taco |