



December Menu


MUMFORD

Every lunch includes a choice of milk.

Monday	Tuesday	Wednesday	Thursday	Friday
November 30 Asian Bowl or Sandwich Grab & Go Garden Fresh Salad Tropical Pineapple	1 Nachos Homemade Salsa Spanish Rice Refried Beans Mixed Fruit	2 Spaganza or Pizza Green Beans Fruit Cup	3 Country Bowl with <i>Mashed Potatoes and Seasoned Corn or Popcorn Chicken Bucket with Fries</i> Hot Roll Color-filled Apple Sauce	4 Chicken Sandwich or Cheese Burger Basket Lettuce, Pickles, and Tomatoes Cookie
7 Chicken Alfredo with Garlic Stick or Corn Dog with Chips Seasoned Vegetables Fruit Cup	8 Corn Chip Pie or Crispito Homemade Salsa Pinto Beans Spanish Rice Fruit Salad	9 Meatball Subs or Pizza with Garlic Stick Seasoned Sweet Corn Mixed Fruit	10 Steak Fingers or Chicken Nuggets Hot Roll Creamy Mashed Potatoes Seasoned Green Beans Banana Sundaes	11 Chopped BBQ on Bun or Chicken Sandwich Basket Lettuce, Pickles, Tomatoes, and Onions Cookie
14 Chicken and Waffles Roasted Corn Fresh Cucumber and Tomato Salad Berries & Cream	15 Tacos Lettuce & Tomato Homemade Salsa Spanish Rice Refried Beans Fruit Cup	16 Chicken Parmesan or Pizza Bread Stick Seasoned Sweet Corn Fruit Cup	17 Homemade Hamburger Steak with Brown Gravy or Baked Chicken Hot Roll Creamy Mashed Potatoes Seasoned Green Beans Peach Crisp	18 Cheese Burger or Chicken Sandwich Basket Lettuce, Pickles, and Tomatoes Cookie

RED, GREEN, & ORANGE?

EVEN THOUGH CHRISTMAS IS DOMINATED BY RED AND GREEN, A SPLASH OF ORANGE CAN ADD SO MUCH MORE TO THIS HOLIDAY SEASON. CHRISTMAS IS THE PERFECT TIME FOR ORANGES! NOT ONLY ARE THEY IN SEASON, BUT THE VITAMIN C THEY CONTAIN CAN HELP PROVIDE PROTECTION AGAINST THE COLD WEATHER THIS TIME OF YEAR. YOU CAN ALSO MAKE CLOVE ORANGES LIKE IN THE PICTURE BELOW TO ADD A LITTLE FRESHNESS TO THE SEASON!



MERRY CHRISTMAS!



An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk is offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3	Biscuits & Gravy	Scrambled Eggs with Bacon & Toast	Honey Bun	Pancake Wrap	Breakfast Pizza
Week 2	Pancakes w/ Fruit Topping and Whipped Cream	Ham & Cheese Croissants	Muffin & Yogurt	Chicken Biscuit	Pig in a Blanket

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