

August Menu

Monday	Tuesday	Wednesday	Thursday	Friday
15th Chicken Spaghetti with Hot Roll or Choice of Pizza Seasoned Green Beans Fresh Garden Salad Strawberries	16th Tacos or Burritos Lettuce & Tomato Fiesta Beans Spanish Rice Homemade Salsa Fruit Cup	17th Smothered Steaks or Chicken Nuggets Hot Roll Mashed Potatoes Steamed Vegetables Cinnamon Apple Sauce	18th Chili Dog or Corn Dog with Chips Seasoned Vegetables Carrot Dippers Fruit Cup	19th Cheese Burger or BBQ Sub Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
22nd Chicken Alfredo with Hot Roll or Choice of Pizza Glazed Carrots Seasoned Vegetables Banana Sundaes	23rd Totchos or Tornadoes Refried Beans Fresh Salad Spanish Rice Homemade Salsa Fruit Cup	24th Chicken Strips or Steak Fingers Hot Roll Mashed Potatoes Steamed Vegetables Colorful Pears	25th Asian Bowl with Fried Rice or Popcorn Chicken Choice of Seasoned Vegetables Fruit Salad	26th Mexican Burger or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
29th Spaghetti with Meat Sauce & Garlic Bread or Choice of Pizza Seasoned Vegetables Garden Salad Fruit Cup	30th Enchiladas or Quesadillas Pinto Beans Spanish Rice Garden Fresh Salad Homemade Salsa Fruit Cup	31st Boneless Wings or Chicken Fried Steaks Hot Roll Mashed Potatoes Steamed Baby Carrots Berries & Cream	September 1st Grilled Turkey & Cheese Sandwich or Corn Dog Choice of Chips Baked Beans Cucumber Nachos Fresh Fruit Salad	2nd Cheese Burger or Chicken Sliders Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit

Do you want to do great in school this year? Below are some tips to help you do your best!

- Exercise! Scientists have found that exercise can help jumpstart your brain so you can get better grades
- Eat breakfast! It helps you concentrate and improve in the classroom!
- Get lots of sleep! You need to be rested so you can learn and play.



An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of August 15th and 29th	Breakfast on a Bun	French Toast Sticks	Yogurt & Grahams	Pancake Wrap	Biscuits & Sausage
Week of August 22nd	Breakfast Burrito	Banana Bread	Pigs in a Blanket	Breakfast Pizza	Fruit Frudel

This institution is an equal opportunity provider. The menu is subject to change based on supplier availability.

An additional option of Uncrustable Grab & Go will be offered everyday.
A Choice of Milk will be offered with every meal

