

AUGUST 2026

MUMFORD

A Grab & Go option and a choice of milk is also offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WELCOME BACK TO SCHOOL Beef or Chicken Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Orange Smiles 11	Beef or Chicken Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Orange Smiles 11	Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans Fruit Cup 12	Chicken Alfredo with Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables Fruit Dessert 13	Specialty Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 14
Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Glazed Carrots Fruit Salad 17	Soft or Crispy Tacos Pinto Beans Spanish Rice Homemade Salsa Shredded Lettuce Chopped Tomatoes Fruit Cup 18	Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Berries & Cream 19	Chicken Spaghetti with Breadstick or Choice of Pizza Seasoned Green Beans Garden Fresh Salad Strawberry Apple Sauce 20	Bacon Cheese Burgers or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 21
Stuffed Baked Potato with Hot Roll or Cheese Sticks with Marinara Sauce Macaroni & Cheese Steamed Broccoli Carrot Dippers Fruit Medley 24	Quesadillas or Crispito Spanish Rice Pinto Beans Fresh Salad Homemade Salsa Fruit Cup 25	Country Bowl or Country Bucket Popcorn Hot Roll Cucumber Nachos Fruit Cup 26	Spaghetti with Meat Sauce and Garlic Bread or Specialty Pizza Steamed Vegetable Garden Fresh Salad Fruit Dessert 27	Cheese Burger or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 28

BACK TO SCHOOL

A standard graphite pencil can write about 45,000 words or draw a line up to 35 miles long.

Before real erasers were invented, people used rolled-up pieces of white bread to erase mistakes!



An option of cereal, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 8/10 & 8/24	Breakfast Pizza	Pig in a Blanket	Eggs & Bacon with Toast	Breakfast Fries	Pancake Wrap
WEEK OF 8/17	Waffles	Breakfast on Bun	Eggs with Sausage & Toast	Yogurt Parfait & Grahams	Breakfast Taco

This institution is an equal opportunity provider.