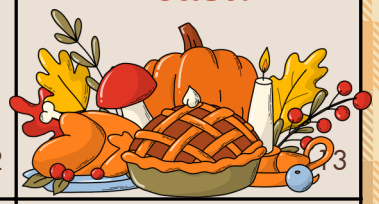
MUMFORD

November 2026

A Grab & Go option and a choice of milk is also offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Spaghetti with Breadstick or Choice of Pizza Seasoned Green Beans Garden Fresh Salad Strawberry Apple Sauce 2	Walking Tacos or Soft Tacos Pinto Beans Spanish Rice Homemade Salsa Lettuce & Tomatoes Fruit Cup 3	Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Glazed Carrots Fruit Salad 4	Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Berries & Cream 5	Chicken Sandwich or Bacon Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 6
Spaghetti with Meat Sauce and Garlic Bread or Specialty Pizza Steamed Vegetables Garden Fresh Salad Fresh Fruit Cup 9	Quesadillas or Crispitos Spanish Rice Pinto Beans Street Corn Homemade Salsa Fruit Cup 10	Stuffed Baked Potato or Cheese Sticks with Marinara Sauce Macaroni & Cheese Steamed Broccoli Fruit Medley 11	Country Bowl or Country Bucket Hot Roll Carrot Dippers Fruit Cup 12	**Thanksgiving Feast!**  13
Chicken Alfredo Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables Fruit Dessert 16	Beef or Cheese Nachos Refried Beans Tossed Salad Spanish Rice Homemade Salsa Orange Smiles 17	Choice of Mac & Cheese Bowls Garlic Knot Roasted Vegetables Carrot Dippers Fruit Cup 18	Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans Fruit Cup 19	Chicken Sandwich or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 20

Fun Facts

Americans eat roughly 50 million pumpkin pies every Thanksgiving.

Wild turkeys can fly for short distances up to 55 miles per hour. Turkeys raised on farms are too heavy to fly.



An option of cereal, and a choice of fruit and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 11/2 & 11/16	Pig in a Blanket	Apple Frudel	Eggs & Bacon & Biscuit	Pancakes	Breakfast Pizza
WEEK OF 11/9	Pancake Wrap	Omelet with Toast	Eggs with Sausage & Biscuit	Yogurt Parfait & Muffins	Breakfast Sandwich

This institution is an equal opportunity provider.