

# MAY PRE-KINDER

A choice of milk will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 <b>ENJOY YOUR DAY OFF!</b>	6 <i>Cinco De Mayo!!</i> Nachos Tossed Salad Refried Beans Spanish Rice Fresh Apples	7 <b>Turkey Day in May!</b> Roasted Turkey & Dressing Mashed Potatoes Green Beans Fruit Salad	8 Specialty Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit	9 <b>Grab N' Go Sack Lunch!</b>
12 Chicken Spaghetti with Breadsticks or Choice of Pizza Steamed Vegetables Glazed Carrots Fruit Cup	13 Chicken Fajita Tacos Spanish Rice Pinto Beans Lettuce & Tomato Homemade Salsa Fruit Cup	14 Stuffed Baked Potato with Hot Roll Macaroni & Cheese Steamed Broccoli Fruit Medley	15 Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit	16 <b>Grab N' Go Sack Lunch!</b>
19 Pasta Bake with Garlic Toast Steamed Corn Roasted Vegetables Fruit Dessert	20 Quesadillas Spanish Rice Pinto Beans Seasoned Corn Homemade Salsa Fruit Cup	21 Popcorn Chicken Fried Rice Seasoned Vegetables Fruit Salad	22 <b>Grab N' Go Sack Lunch!</b>	23 <b>ENJOY YOUR SUMMER!</b>

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of 5/5 &amp; 5/19</b>	Pancake Wrap	Eggs w/ Sausage & Toast	Breakfast on Bun	Breakfast Pizza	Yogurt Parfait & Grahams
<b>Week of 5/12</b>	Pig in a Blanket	Eggs & Bacon with Toast	Biscuits & Gravy	Breakfast Tacos	Banana Bread

## Summer Safety Tips for Kids:

- Sun Safe
  - » Wear sunscreen, a hat, and sunglasses. Stick to the shade when the sun's super strong (10 a.m.—4 p.m.).
- Drink Water
  - » Sip water all day—especially when it's hot or you're playing hard.
- Too Hot? Speak Up!
  - » If you feel dizzy, tired, or have a headache, tell an adult. You might be too hot.
- Water Rules
  - » Always swim with an adult nearby. Use a life jacket if needed and watch out for deep water.
- Grill = No Play Zone
  - » Stay away from grills—they're super hot! Let adults handle the cooking.