



# 10 THINGS YOU CAN DO TO PREPARE FOR RETURNING TO SCHOOL

**1 PRACTICE HAND HYGIENE** OFTEN THROUGHOUT THE DAY. TEACH THEM TO SING THEIR ABC'S OR HAVE THEM COUNT FOR AT LEAST 20 SECONDS ENSURING THEY WASH FRONT, BACK, & IN-BETWEEN THEIR FINGERS.



**UPDATE IMMUNIZATIONS/PHYSICAL.** EACH ARE REQUIRED TO ENROLL FOR THE SCHOOL YEAR. CONTACT YOUR CHILD'S PEDIATRICIAN FOR AN APPOINTMENT. IMMUNIZATIONS CAN ALSO BE OBTAINED AT THE HEALTH DEPT.



**2 PRACTICE PUTTING MASK ON/OFF.** YOUR CHILD WILL BE REQUIRED TO WEAR A MASK ON THE BUS, UPON ENTERING SCHOOL, & WITHIN THE HALLWAYS. TEACH THEM TO NOT TOUCH THE INSIDE OF THEIR MASK WHEN TAKING IT OFF.



**7 CHANGE AEROSOLIZED MEDICATION.** NEBULIZERS & INHALERS WITHOUT A CHAMBER CANNOT BE ADMINISTERED IN SCHOOL. SPEAK WITH YOUR CHILD'S PEDIATRICIAN TO OBTAIN THE PROPER EQUIPMENT & TO UPDATE THE ASTHMA ACTION PLAN.



**3 PRACTICE 6FT OF DISTANCE.** MEASURE THE DISTANCE ON THE FLOOR. CONSIDER TEMPORARILY LAYING PIECES OF PAPER DOWN FOR A VISUAL.



**8 PURCHASE A REUSABLE WATER BOTTLE** TO BE BROUGHT TO SCHOOL. WATER FOUNTAINS WILL NOT BE IN-SERVICE.



**4 PURCHASE A THERMOMETER** CHECK YOUR CHILD'S TEMPERATURE EVERY MORNING. IF 100 OR HIGHER, THEY MUST STAY HOME AND FOLLOW UP WITH A MEDICAL PROFESSIONAL.



**9 VERIFY/UPDATE EMERGENCY CONTACTS.** IF YOUR CHILD PRESENTS WITH COVID-LIKE SYMPTOMS, THEY WILL BE PLACED IN AN ISOLATION ROOM AND WILL NEED TO BE PICKED UP IMMEDIATELY. PLEASE ENSURE A CONTACT CAN BE REACHED AT ANY GIVEN TIME.



**5 MAKE/PURCHASE EXTRA MASKS.** WHEN POSSIBLE, MASKS SHOULD ONLY BE USED ONE TIME. CONSIDER MAKING OR BUYING MULTIPLE MASKS TO GIVE YOU PROPER TIME TO WASH THEM BETWEEN USES.



**10 STAY INFORMED.** EDUCATE YOURSELF FROM RELIABLE SOURCES SUCH AS THE CDC, BRAZOS OR ROBERTSON CO. DEPARTMENT OF HEALTH, AND THE MUMFORD SCHOOL WEBSITE.

