

MAY MUMFORD




Milk will be offered with every meal.

NO BUMMER SUMMER!

Create GOALS for your summer to ward off boredom! Below are a few ideas of activities you can plan on to keep from eating and/or sleeping the day away!

- Pick and press flowers to frame
- Have a picnic
- Backyard campout
- Slip N' Slide
- Watch the sunset
- Learn a new skill! Think Spanish, Piano, Sewing
- Visit a Farmer's Market
- Water balloon fight
- Bowling



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| April 29 Lasagna with Breadstick or Choice of Pizza Seasoned Vegetables Garden Salad Fruit Cup | April 30 Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple | 1 Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Glazed Carrots Fruit Salad | 2 Manager's Special  | 3 Chicken Sandwich or Cheese Burger Basket with Fries Lettuce, Pickles, Tomatoes Fresh Baked Cookie Fresh Fruit |
| 6 Chicken Alfredo with Garlic Bread or Choice of Pizza Side Salad Seasoned Vegetables Fruit Dessert | 7 Manager's Special  | 8 Crispy Chicken Drumstick or Steak Fingers Hot Roll Mashed Potatoes Seasoned Green Beans Orange Smiles | 9 Asian Bowl with Fried Rice or Popcorn Chicken Steamed Baby Carrots Seasoned Vegetables Fruit Salad | 10 Cheese Burger or BBQ Sub Basket with Fries Lettuce, Pickles, Tomatoes Fresh Baked Cookie Fresh Fruit |
| 13 Spaghetti w/ Meat Sauce & Garlic Toast or Choice of Pizza Seasoned Vegetables Garden Fresh Salad Fruit Salad | 14 Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Fresh Apples | 15 Country Bowl or Country Bucket Hot Roll Glazed Carrots Fruit Cup | 16 Manager's Special  | 17 Cheese Burger or Chicken Sandwich Basket with Fries Lettuce, Pickles, Tomatoes Fresh Baked Cookie Fresh Fruit |
| 20 Chicken Spaghetti with Garlic Bread or Choice of Pizza Steamed Broccoli Seasoned Corn Fruit Cup | 21 Tacos Pinto Beans Spanish Rice Homemade Salsa Lettuce & Tomato Orange Smiles | 22 Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans Cinnamon Apple Sauce | 23 Grab N' Go Sack Lunch | 24 <i>Enjoy Your Summer!</i> |

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

Breakfast

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|----------------------|-----------------|--------------------|-------------------|------------------------|
| Week of 4/29 & 5/13 | Pancakes | Breakfast Pizza | Pig in a Blanket | Pretzel Bites | Ham & Cheese Croissant |
| Week of 5/6 & 5/20 | Breakfast Sweet Roll | Pancake Wrap | Breakfast Sandwich | Muffins w/ Yogurt | Biscuits & Gravy |